



SIGNATURE JOURNEY

SIERRA SERENITY JOURNEY

Immerse yourself in the ultimate head-to-toe ritual designed for those who truly want it all. Your experience begins with a revitalizing 45-minute Turkish eucalyptus sea-salt scrub, expertly smoothing and awakening the skin with invigorating aromatics. Warmth and relaxation deepen as you transition into a 45-minute therapeutic massage, easing tension and restoring balance through intentional, restorative touch. The journey concludes with a 45-minute customized facial, tailored to refresh and nourish your complexion, leaving your skin luminous and your spirit renewed. A complete, indulgent escape - crafted to restore harmony from head to toe.

135 minute: \$495

BODY TREATMENTS

WILD HERBAL BODY WRAP

Be cocooned in warm linens infused with herbs to relieve muscle tension and enhance skin luminosity. A focused scalp massage and reflexology techniques help the entire body relax.

60 minute: \$225

REFRESH SCRUB

Rejuvenate with an invigorating full-body exfoliation using a Turkish eucalyptus-based sea salt scrub to remove dead skin buildup, followed by coconut shea butter to leave skin hydrated and silky smooth.

60 minute: \$225

Stillwater Spa SIMPLY RENEW YOU!

At Stillwater Spa, wellbeing is more than a service - it is the essence of our purpose. Our curated menu invites you to slow down, breathe deeply, and reconnect in the serenity of our alpine sanctuary. Each experience blends the restorative power of nature with personalized care to inspire relaxation, peace, and renewal - guiding you toward emotional, spiritual, and physical harmony.

STILLWATER SPA

LAKE TAHOE

[HYATTREGENCYLAKETAHOE.COM](https://www.hyattregencylaketahoe.com)

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Stillwater Spa EXPERIENCES

LAKE TAHOE





TOUCHLESS EXPERIENCES

TOUCHLESS TRIO

A journey beyond the senses. Surrender to an experience where technology becomes tranquility and time begins to dissolve. Your ritual opens with a 3½-minute cryotherapy awakening, a cool, crystalline breath that sharpens the senses and invigorates the body. From there, you drift into the 30-minute Harmony Room, where gentle vibroacoustic waves and far-infrared warmth guide the body into deep, meditative calm. The journey concludes within Pearl, our 30-minute float orb, where weightlessness and silence invite profound restoration. The Touchless Trio is a seamless passage into serenity - designed to reconnect, rebalance, and renew.

65 minute: \$175

CRYOTHERAPY SESSION

A brief yet powerful 3.5-minute immersion in extreme cold designed to ease inflammation, relieve muscle and joint tension, and enhance circulation. This exhilarating experience awakens the senses, promotes recovery, and restores vitality.

Cryo & Day Use: \$85 | \$135* | **Cryo & Go:** \$40

FLOAT THERAPY

Pearl, our float orb, offers a non-confined float experience with optional LED light therapy and music controls for complete customization.

45 minute: \$100/\$150* | **60 minute:** \$115/165*

HARMONY SESSION

Experience deep relaxation and pain relief with our amethyst Biomat and BioAcoustic mat, combining infrared heat, negative ions, vibroacoustic sound therapy, and aromatherapy.

45 minute: \$100/\$150* | **60 minute:** \$115/\$165*

FACIAL EXPERIENCES

STILLWATER FACIAL

A customized facial featuring deep cleansing, exfoliation, steam, and a tailored mask, complemented by relaxing neck, shoulder, and hand massages.

60 minute: \$225

MEDISPA RADIANT FACIAL

Revive, exfoliate, brighten, and nourish with seven advanced non-invasive modalities for complete skin rejuvenation.

60 minute: \$300 | *Special Introduction Rate*

MEDISPA COMPLETE FIX FACIAL

An advanced, age-defying facial featuring all seven modalities including radio frequency, microcurrent, ultrasound, and red-light therapy for luminous, youthful skin.

90 minute: \$425 | *Special Introduction Rate*

ULTIMATE HYDRAFACIAL

Combines cleansing, exfoliation, gentle peel, vacuum-powered extraction, and deep hydration for radiant, refreshed skin with no downtime.

60 minute: \$300

REJUVENATE OXYGEN FACIAL

Infuses professional-strength hyaluronic serum to plump, hydrate, and visibly lift facial contours for immediate results.

60 minute: \$275

Enhancements

ATOXELENE LIP & EYE TREATMENT: \$35

LED LIGHT THERAPY: \$35

111 COUNTRY CLUB DRIVE
INCLINE VILLAGE, NV 89451

MASSAGE THERAPIES

STILLWATER MASSAGE

A customized full-body Swedish massage enhanced with your choice of signature aromatherapy - Calm, a soothing lavender and chamomile blend, or Balance, an Ayurvedic-inspired mix of ylang ylang and sandalwood for harmony and renewal.

60 minute: \$225 | **90 minute:** \$370

DEEP TISSUE MASSAGE

A therapeutic massage designed to address the deeper layers of muscle and connective tissue through slow, deliberate strokes and firm pressure. It releases chronic tension, improves circulation, and supports recovery from muscular strain, making it especially effective for relieving persistent pain and restoring ease of movement.

60 minute: \$260 | **90 minute:** \$405

COUPLES MASSAGE

Retreat together and reconnect with a personalized side-by-side massage designed to renew your spirit and melt away everyday stress.

60 minute: \$225 per person | **90 minute:** \$370 per person

MOTHER NATURE MASSAGE

A calming, nurturing prenatal massage for women beyond the first trimester, designed to ease pregnancy-related discomforts. Includes a special contour pillow and a soothing maternity blend of bergamot, lavender, vetiver, and ylang ylang essential oils.

60 minute: \$225

Enhancements

CBD UPGRADE: \$35

HOT STONES: \$35

DEEP TISSUE: \$35

*Pricing noted for Non-Hotel Guests

